



# Be Creative

## SCHOOL HOLIDAY PROGRAM

8th - 18th April 2019

### COME & PLAY

3-6 years

5-8 years

7-11 years

### IMAGINE | CREATE | PLAY

Short courses for young people | 6 years+



**BOOKINGS & PAYMENT IN ADVANCE ESSENTIAL**  
P: (07) 4773 6377 E: [admin@lalunanq.com](mailto:admin@lalunanq.com)

# COME & PLAY

\$15 per workshop or 4 for \$50 - per participant

## MONDAY 8 APRIL

9.00-10.15am	Rumble Tumble	3-6 yrs	An introduction to the world of circus... tumble, jump, bounce and manipulate circus toys.
10.30-11.45am	Circus Hijinks	5-8 yrs	Explore aspects of circus – acrobalance, tumbling and manipulation toys.
12.00-1.15pm	Cirque de Play	7-11 yrs	Learn elements of circus; tumble, jump, balance and manipulate circus toys.

## TUESDAY 9 APRIL

9.00-10.15am	Treasure Island	3-6 yrs	Board our pirate ship with Captain Stinkytoes and sail the seven seas in search of treasure. Make pirate accessories to take home.
10.30-11.45am	Swashbuckling Adventures	5-8 yrs	Shiver me timbers... create a pirate character and join the crew. Play pirate games and be part of a quest.
12.00-1.15pm	Group Games	7-11 yrs	Play a range of games that will encourage team building and engage your creativity.

## WEDNESDAY 10 APRIL

9.00-10.15am	Shuffle & Shake	3-6 yrs	Learn some basic dance concepts in this toe-tapping dance workshop. Together you will learn a simple routine while improving your coordination and gross motor skills.
10.30-11.45am	Hop it Bop it	5-8 yrs	Learn new moves whilst experimenting with different dance moves to create your own short dance. Learn new, exciting, fun filled choreography.
12.00-1.15pm	Move it Groove it	7-11 yrs	Extend your dance and movement skills in this workshop that will see you learn a dance routine to a chart-topping song.

## THURSDAY 11 APRIL

9.00-10.15am	Tumbling & Mini-Tramp	3-6 yrs	Jump, twist, tumble and roll! Learn tumbling and trampolining skills.
10.30-11.45am	Tumbling & Mini-Tramp	5-8 yrs	Master a variety of tumbles and jumps and then practice a range of jump tricks on our mini-trampoline.
12.00-1.15pm	Acrobatics	7-11 yrs	Develop your acrobatic skills and get helpful pointers on ways to perfect your stunts. Learn safe techniques and drills you can do at home.

## FRIDAY 12 APRIL

9.00-10.15am	Fruitloop Rainbows	3-6 yrs	Do you know all the colours of the rainbow? In this class you will make your own colourful rainbow using fruit loops.
10.30-11.45am	Upcycled Windcharms	5-8 yrs	Make a beautiful windcharm to hang in your home using an assortment of recycled materials and found objects.
12.00-1.15pm	Garden Chandeliers	7-11 yrs	Create your very own quirky chandelier from recycled and found objects to hang in your garden or from a tree.

## SATURDAY 13 APRIL

9.00-10.15am	Fairy Ballet	3-6 yrs	Take flight in Fairy Ballet! Dress up in your fairy wings, grab your fairy wand and learn some beautiful ballet moves.
10.30-11.45am	Hip Hop	5-8 yrs	Get your feet moving and learn a funky dance while learning a variety of fun dance moves.
12.00-1.15pm	Chart Topping Dance	7-11 yrs	Come along and learn a jazzy dance routine to a current top of the charts song, exploring new moves and expanding your imagination.

SUNDAY 14 APRIL			
9.00-10.15am	Tumbling and Toys	3-6 yrs	Learn how to tumble and become familiar with a variety of circus toys .
10.30-11.45am	Handstands & Cartwheels	5-8 yrs	Learn the basics of being upside down! Practice and improve your ability to hold yourself on your hands, cartwheel and roll about with strong and safe technique.
12.00-1.15pm	Cartwheels & Walkovers	7-11 yrs	Learn how to go from upside down to right side up! Learn how to strengthen your arches and improve your cartwheel and walkover technique.
MONDAY 15 APRIL			
9.00-10.15am	Dancin' Rhymes	3-6 yrs	Come along to dance to some of your favourite nursery rhymes. Sing along with songs and learn the dance moves to accompany each song.
10.30-11.45am	Music of the Movies	5-8 yrs	Put on your groove and practice your dancing skills whilst you learn a groovy routine to a song from a popular movie.
12.00-1.15pm	Hip Hop	7-11 yrs	Step outside of the box and get your funk on! Learn basic hip hop moves whilst you practice a new dance routine.
TUESDAY 16 APRIL			
9.00-10.15am	Rumble Tumble	3-6 yrs	An introduction to the world of circus... tumble, jump, bounce and manipulate circus toys.
10.30-11.45am	Tumbling and Toys	5-8 yrs	Learn how to tumble and become familiar with a variety of circus toys .
12.00-1.15pm	Tumbling and Toys	7-11 yrs	Learn how to tumble and challenge yourself to master a range of circus toys.
WEDNESDAY 17 APRIL			
9.00-10.15am	Balance and Play	3-6 yrs	Practice your balancing skills on the beam and walking globe and play with manipulation toys.
10.30-11.45am	Circus Challenges	5-8 yrs	After a warm up and introduction to each skill set, take part in our challenges to see who can hold a handstand, juggle scarves and hula hoop for the longest. We have loads of fun challenges up our sleeves. The best part about circus is that everybody is great at something!
12.00-1.15pm	Contortion	7-11 yrs	In this session you will focus on increasing flexibility, improving control and balance in order to execute controlled and impressive contortion moves. Participants must be comfortable with splits and back bends.
THURSDAY 18 APRIL			
9.00-10.15am	To Infinity & Beyond	3-6 yrs	Build a spaceship and explore the outer region of space. What alien worlds will we find? How will we get back home to Earth when the proto-plasma engines fail?
10.30-11.45am	To the Rescue!	5-8 yrs	There's trouble brewing. The only ones who can save the day are the Rescue Squad! Act as your favourite superhero and join the squad on a daring rescue mission.
12.00-1.15pm	Don't Make me Laugh	7-11 yrs	Play improvisation games that you've seen on TV shows like <i>Thank God You're Here</i> and <i>Whose Line is it Anyway?</i>

# IMAGINE | CREATE | PLAY

Bookings Required: Phone : 4773 6377 Email : admin@lalunanq.com

## Cupcake Decorating

For: Young people 6 years +

When : Monday 8 April or  
Wednesday 17 April

Time : 1.30pm – 3.30pm

Cost : \$30 per 1 day course



Make your own buttercream icing and learn how to create flowers and small decorations using your icing in a piping bag to embellish cupcakes. This is sure to be a deliciously sweet class with a little bit of tasting along the way. *Please note this course incorporates dairy ingredients and cooked eggs.*

## Forensic Science

For : Young people 8 years +

When : Monday 8 April,  
Tuesday 9 April

Time : 3.30pm – 5.30pm

Cost : \$80 for the course of  
2 workshops



In this 2 part course, you will learn how to lift fingerprints, interview witnesses, deduce your information about your suspect and gather evidence and vital clues needed to solve a crime. Pay attention though, a crime may happen right under your nose and we will need your help to solve it!

## Fairy Academy

For : Young people 6 years +

When : Tuesday 9 April,  
Thursday 11 April

Time : 1.30pm – 3.30pm

Cost : \$90 for the course of 2  
workshops



In this 2 part course, you will make your very own fairy accessories including wings, tutu and crown. Learn how to act like a fairy, practicing marvellous fairy manners and spreading kindness throughout the land.

## Cake Decorating

For: Young people 10 years +

When : Wednesday 10 April  
& Friday 12 April

Time : 1.30pm – 3:30pm

Cost : \$90 for the course of 2  
workshops



Learn how to create flowers and small decorations using icing in a piping bag to embellish your cakes. Learn to make buttercream icing so you can continue your cake decorating skills at home. Get creative with fondant to put the finishing touches on your cake before taking it home to share with your family.

## Acrobatics & Acro Dance

For : Young people 10 years +

When : Wednesday 10 April, Friday 12 April

Time : 3.30pm – 5.30pm

Cost : \$80 for the course of 2 workshops



Acro is the beautiful fusion of gymnastics, contortion and balance. Polish your handstand, cartwheel and walkovers and develop your tumbling skills with back flips, handsprings, layouts and aerial work. This course is guaranteed to be fun, exciting and challenging. Please wear tights and a close fitting t-shirt.

## Acting Audition Processes



**For :** Young people 12 years +

**When :** Thursday 11 April

**Time :** 3.30pm – 5.30pm

**Cost :** \$25

Learn how to prepare for an audition, so that you can give yourself the best chance of securing that role or place at a drama school. Work with our Drama Program Officer, Jonathon Brown, and learn how to choose and prepare your monologue, what to do just before the audition and how to confidently walk into the room and nail it.

## Watercolour Wonders



**For :** Young people 8 years +

**When :** Saturday 13 April,  
Sunday 14 April

**Time :** 1.30pm – 3.30pm

**Cost :** \$80 for the course of  
2 workshops

Create wonderful, imaginative watercolour illustrations by using watercolour paints, coloured pencils and felt tips. In this 2 part course, you will learn blending and shadowing techniques and learn how to incorporate layers of drawings together to tell a story. You will have the opportunity to create a few small wonders across the course.

## Hair with Flair



**For :** Young people 7 years +

**When :** Monday 15 April, Tuesday 16 April

**Time :** 1.30pm – 3.30pm

**Cost :** \$90 for the course of 2 workshops

In this two part course, you will design and make your own bows and head bands. You will also learn how to care for your hair and style it. Please bring your own hairbrush and learn how to style your hair.

## Stop Frame Animation



**For :** Young people 10 years +

**When :** Monday 15 April, Tuesday 16 April, Wednesday 17 April

**Time :** 3.30pm – 5.30pm

**Cost :** \$150 for the course of 3 workshops

Come and learn the art of stop frame animation; you will be the director, photographer and producer! Learn elements of storytelling, how to sketch a story board as well as how to title and set up your animation station. Shoot your animation, frame by frame, until you have enough pictures to tell your story..

# TERM 2 PROGRAM AVAILABLE NOW!

Download our Term 2 program from our website [www.lalunanq.com](http://www.lalunanq.com), email [admin@lalunanq.com](mailto:admin@lalunanq.com) or call 4773 6377 and we'll send you one out. You can also get one from our pop-up store at CastleTown, opposite Australia Post.

## WHY BE CREATIVE?

Creative arts participation benefits your child's development by...

- ✓ Developing creative thinking,
- ✓ Building confidence and self-esteem,
- ✓ Supporting literacy and numeracy skills,
- ✓ Developing emotional intelligence,
- ✓ Encouraging team-work and co-operation,
- ✓ Helping to understand the world in which they live,
- ✓ Promoting a 'get up and go' or 'give it a try' attitude,
- ✓ Nurturing friendships and
- ✓ Providing a safe environment in which to take risks.



*The lessons learnt through doing creative arts activities last a lifetime; the children with whom we work are the artists and audiences of today, tomorrow and the future.*

## WHERE IS LA LUNA YOUTH ARTS?

La Luna Youth Arts is currently based at a pop-up shop at CastleTown ShoppingWorld, opposite the Australia Post Shop.

This is because our home base, the Riverway Arts Centre, was considerably damaged in the tropical monsoon. We hope to be back at the Riverway Arts Centre by the end of this year.

Our phone number 4773 6377 and our email [admin@lalunanq.com](mailto:admin@lalunanq.com) remain the same!